



53RD ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS
27TH SEPTEMBER – 03RD OCTOBER 2019
BATAM, INDONESIA

Date: 08th August 2019

To All ABBF affiliated members countries:

Dear Sir/Madam

We have great pleasure to invite you and your team to participate in the 53rd Asian Bodybuilding and Physique Sports Championships and Electoral Congress to be held in the city of Batam, Indonesia, from 27th September to 3rd October 2019.

We are extremely proud to have been given the honour to support this continental event by the Executive Council of the Asian Bodybuilding and Physique Sports Federation and with the support of our Pengurus Besar Persatuan Angkat Berat, Binaraga, Angkat Besi Seluruh Indonesia.

President Datuk Paul Chua, Secretary-General ABBF Sugree Supawarikul and Secretary-General WBPF Chetan Pathare who visited and inspected the hotel and the other Venue of the competition and was was pleased with all the facilities provided by us.

In total there will be 51 events and the competition will run for a period of 3 (three) days and the Electoral Congress shall also take place on 28th September 2019 at the Pacific Palace Hotel, Batam, Indonesia.

Attached please find the complete program, preliminary entry form, final entry form and the Rules of the Competition for your kind attention.

We assure you that our Organizing Committee of the 53rd Asian Bodybuilding and Physique Championships will endeavour and do its best to serve you while you are in the city of Batam. We extend our warm welcome to all ABBF Executive Council Members, Officials, Team Managers, Judges and Athletes to attending the 53rd Asian Body Building & Physique Sports Championship.

Thank you

: Organiser :
ASIAN BODY BUILDING AND PHYSIQUE SPORTS FEDERATION
: Supported by :
PERSATUAN ANGKAT BESI, BINARAGA, ANGKAT BERAT SELURUH INDONESIA